

Summer Programs

Lane Swim - Lane swim is a time for swimmers to come and do laps in the pool. It is a great way to enjoy the pool while getting some exercise.

Public Swim - Public swim is open to all swimmers to play in the pool. A responsible person over the age of 12 is **required** to accompany any swimmers who are under the age of 6.

Parent & Tot - Parent and tot swims are a great time to get the little ones comfortable in the water before they are old enough to join swimming lessons.

Swim Team - The swim team will teach swimmers competitive swimming skills and Junior Lifeguard Club skills. There will be "Fun Friday" activities, swim camps, and a swim meet at the end of the season. *There is a \$15 fee at the beginning of the summer for swimmers joining this program.

Aquafit - Aquafit is a fun cardio and resistance workout in the water. Swimmers of all abilities are welcome to join and work at their own intensity!

Midnight Swim - Midnight swims will have planned activities as well as open swimming in the pool. This swim is restricted to swimmers in grade 7 and above.

NOTE: The pool must close during thunder and lightning, and remains closed for 30 minutes following the last audible thunder.



Swimming Lessons

This summer we will be offering Red Cross Swimming lessons, running from Pre-school to Level 10. The lessons will focus on overall fitness, lifesaving skills, and stroke improvement!

Lesson Set 1: June 18th-June29th

Lesson Set 2: July 2nd-July13th

Lesson Set 3: July 16th-July 27th

Lesson Set 4: July 30th- August 10th

Please call the Village Office to register at 996-2317. Lesson times will depend on the levels; if you aren't sure which level to sign-up for, you can stop by the pool for an assessment.

*In order for lessons to run as smoothly as possible we ask that parents do not interfere with their children during instruction time as this tends to distract the entire class.

Mayo Swimming Pool



Summer 2018



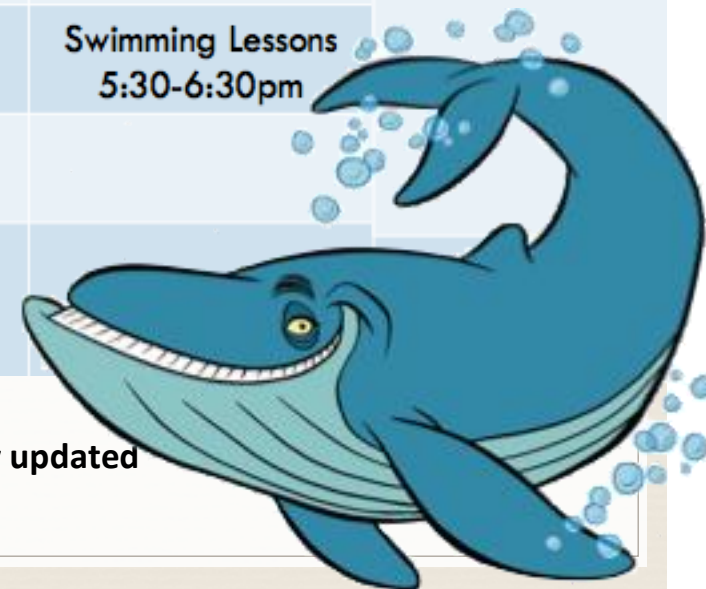
Schedule in effect

June 18th-August 17th,
2018

\$2.00 for all swims

Summer Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Early Bird Swim 6:00-7:00am		Early Bird Swim 6:00-7:00am			
Lessons 9:30-11:00am	Lessons 9:30-11:00am	Lessons 9:30-11:00am	Lessons 9:30-11:00am	Lessons 9:30-11:00am	
Parent & Tot 11:00am-12:00pm	Parent & Tot 11:00am-12:00pm	Parent & Tot 11:00am-12:00pm	Parent & Tot 11:00am-12:00pm	Parent & Tot 11:00am-12:00pm	
Lane Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm	Lane Swim 12:00-1:00pm
Public Swim 2:30-4:30pm	Public Swim 2:30-4:30pm	Public Swim 2:30-4:30pm	Public Swim 2:30-4:30pm	Public Swim 2:30-4:30pm	Public Swim 1:00-4:00pm
Swim Team 4:30-5:30pm		Swim Team 4:30-5:30pm		Swim Team 4:30-5:30pm	
Swimming Lessons 5:30-6:30pm	Swimming Lessons 5:30-6:30pm	Swimming Lessons 5:30-6:30pm	Swimming Lessons 5:30-6:30pm	Swimming Lessons 5:30-6:30pm	
	Aquafit 7:00-8:00pm		Aquafit 7:00-8:00pm		
			Midnight Swim 10:00-12:00 (June 28 th - August 16 th)		



Keep an eye on the Village of Mayo Pool Facebook page to stay updated on any cancellations!