Summer Programs

Lane Swim - Lane swim is a time for swimmers to come and do laps in the pool. It is a great way to enjoy the pool while getting some exercise.

Public Swim - Public swim is open to all swimmers to play in the pool. A responsible person over the age of 12 is *required* to accompany any swimmers who are under the age of 6.

Parent & Tot - Parent and tot swims are a great time to get the little ones comfortable in the water before they are old enough to join swimming lessons.

Swim Team - The swim team will teach swimmers competitive swimming skills and Junior Lifeguard Club skills. There will be "Fun Friday" activities, a swim camp, and a swim meet at the end of the season. *There is a \$15 fee at the beginning of the summer for swimmers joining this program.

Aquafit - Aquafit is a fun cardio and resistance workout in the water. Swimmers of all abilities are welcome to join!

Midnight Swim - Midnight swims will have planned activities as well as open swimming in the pool. These swims are restricted to swimmers in grade 7 and above.

*Be sure to keep watch for some special events of the summer. Every second Wednesday Public Swim will be a "Wacky Wednesday" with planned games and themes.



This summer we will be offering Red Cross Swimming lessons from Pre-school - Level 10.

Lesson Set 1: June 26th-July 7th

Lesson Set 2: July 10th-July 21st

Lesson Set 3: July 24th-August 4th

Please call the Village Office to register at 996-2317.

If you do not remember what level your swimmer is please come to the earliest lesson the first day of your lesson set for assessment.

*In order for lessons to run as smoothly as possible we ask that parents do not interfere with their children during instruction time, as this tends to distract the entire class. Having swimmers at the pool 10 minutes prior to the lesson is suffice.

Mayo Swimming Pool



Summer 2017



Schedule in effect June 21st-August 18th, 2017 \$2.00 for all swims

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-7am		Morning Lane		Morning Lane		ß	
10:00-11:30am	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons		
11:30-12	Parent & Tot	Parent & Tot	Parent &Tot	Parent & Tot	Parent & Tot		
12-1pm	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	
1-4pm	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim 1:30-5:30pn
4-5pm	Swim Team		Swim Team		Swim Team	80 0 6	0
5-6pm	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	· · · · · · · · · · · · · · · · · · ·	$\langle \rangle$
7-8pm		Aquafit		Aquafit			
10pm-12				Midnight Swim (June 22-August 3)		6 M	